

# Menu 2024/2025

September 2024

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27

March 2025

M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21
24	25	26	27	28

October 2024

M	T	W	T	F
30	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25

April 2025

M	T	W	T	F
31	1	2	3	4
7	8	9	10	11
28	29	30	1	2

November 2024

M	T	W	T	F
4	5	6	7	8
11	12	13	14	15
18	19	20	21	22
25	26	27	28	29

May 2025

M	T	W	T	F
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23

December 2024

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20

June 2025

M	T	W	T	F
2	3	4	5	6
9	10	11	12	13
16	17	18	19	20
23	24	25	26	27

January 2025

M	T	W	T	F
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

July 2025

M	T	W	T	F
30	1	2	3	4
7	8	9	10	11
14	15	16	17	18
21	22	23	24	25

February 2025

M	T	W	T	F
3	4	5	6	7
10	11	12	13	14
17	18	19	20	21

**Menus may vary in faith schools, please check with your individual school for details**

*This menu is compliant with the Healthy Eating in Schools Regulations 2013*

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Cod and Salmon Fishcake or Vegetable Nuggets (Ve) served with Mashed Potato and Baked Beans or vegetables Sticky toffee sponge and custard	Chilli Con Carne served with Rice and Peas, Sweetcorn and Broccoli or Cheese and Tomato Pizza (v) served with Diced Potatoes and Baked Beans or Peas Carrot cake with Cream	Roast Turkey or Quorn fillet (Ve) served with Stuffing, Dry Roast and Boiled Potatoes, Vegetables and Gravy Strawberry Fruit Whirl and a Milk Drink	Hotdog or Quorn Sausage Hotdog (Ve) served with BBQ Wedges and Baked Beans Fruit selection and Yogurt	Chicken nuggets or Vegetable Nuggets (Ve) served with Chips, Beans or Salad, Bread & Spread Frozen Strawberry Smoothie (Ve) with fruit
Week 2	*Double Bubble Salmon Fillet or Quorn Fishless Fingers (Ve) served with Mashed Potato and Baked Beans Fudge Brownie Slice	Chicken Curry or Vegetable Curry (v) served with Vegetable Rice and Naan Bread Summer Fruit Crumble and Custard	Pork Sausages or Veggie Sausage (Ve) served with Yorkshire Pudding, Dry Roast and Boiled Potatoes, Vegetables and Gravy Fruit Jelly and a Milk Drink	Lasagne al Forno or Quorn Lasagne (v) served with Garlic Bread, Vegetables or Salad Fruit Selection and Yogurt	Beefburger or Vegetarian Burger (Ve) in a Bun served with Chips, Baked Beans or Salad Chocolate Artic Roll and fruit
Week 3	Jumbo Fish Finger or Vegetarian Sausage (Ve) served with Herby Diced Potatoes, Baked Beans or Peas and Bread and Spread Chocolate Beet cake and Custard	Homemade Beef Spaghetti Bolognese or Quorn Bolognese (V) served with Salad and Garlic Bread Traditional Fruit Trifle	Roast Turkey or Quorn Fillet (Ve) served with Stuffing, Dry Roast and Boiled Potatoes, Vegetables and Gravy Welsh Cake	Pork Sausages or Quorn Sausage (Ve) served with Mashed Potato and Baked Beans Fruit Selection and Yogurt	Chicken Burger in a Bun or Southern Style Quorn Burger in a Bun (V) served with Chips and Salad Strawberry Ice-Cream and Fruit
Week 4	Cottage Pie served with Broccoli, Carrots, Peas and Gravy or Cheese and Potato Pie (V) served with Baked Beans Lemon Drizzle Cake and Cream	Chicken Curry or Vegetable Curry (V) served with Savoury Vegetable Rice, Naan Bread Chocolate Whirl, with Mandarins and a Milk Drink	Chicken Breast Fillet or Quorn Fillet (Ve) served with Stuffing, Seasonal Vegetables, Dry Roast and Boiled Potatoes and Gravy Raspberry Ripple Artic Roll with Fruit	Beef Meatballs or Veggie Meat-Free Balls (Ve) in Tomato Sauce served with Diced Potatoes, Seasonal Vegetables and Garlic Bread Fruit Selection and Yogurt	Battered Pollock or Quorn Fishless Fingers (Ve) served with Chips, Peas and Bread and Spread Vanilla Ice-Cream and Peaches

V Vegetarian. All accompaniments to main choices above are suitable for Vegetarians. Jelly and Trifle are not suitable for vegetarians. Fruit and yogurt are always available.  
 Ve Vegan. All accompaniments to main choices above are suitable for vegans with the exception of Yorkshire Pudding. Fruit is available daily as a dessert option, and flapjack where it appears above. A fully vegan menu is available on request. \* Salmon fillet in gluten free rice/maize flour bubbly crumb coating.

**Catering for Medical Diets/Food Allergies**  
 For special diets requests please e-mail: [specialdietrequest@torfaen.gov.uk](mailto:specialdietrequest@torfaen.gov.uk)

*Every effort is made to provide the correct balance of choices to our customers but we cannot guarantee that all choices will be available right to the end of service.*